

Molly's Pasta Primavera

\$10 for 4 Recipe Challenge Winner! (2015)

Ingredients:

2 cups Whole wheat elbow macaroni

2-14.5 oz can Diced tomatoes, no salt added, with juice Extra small yellow onion, peeled and diced

1 Small red bell pepper, diced

1 Small zucchini, diced

Grated Parmesan

Instructions:

- 1. Fill a pot with 4-1/2 cups of water and bring to a boil. Add pasta to the water and cook for 8 minutes. When done, drain pasta and set aside.
- 2. While the pasta is cooking, chop 3/4 of the onion, all of the zucchini into quarters (cut into circles and then into fourths), and 3/4 of the bell pepper.
- 3. Put a pan on medium heat with some oil or nonstick cooking spray. Once the pan is hot, add the vegetable. Cook for 8 minutes.
- 4. Once the vegetables have finished cooking, add the two cans of tomatoes. Add salt and pepper to taste. When the tomatoes are hot, add the pasta and stir.
- 5. Serve in bowl and add cheese.

Serves: 4





